

# Intended Parent Birth Plan

**\*Please don't refer to the surrogate as the "mom" or the "birth mom."**

**Parent Name(s):** \_\_\_\_\_

**Parent Phone Number(s):** \_\_\_\_\_

Surrogate Name: \_\_\_\_\_ Due Date: \_\_\_\_\_

IP's Attorney:

Phone:

All decisions pertaining to the baby after he/she is born should be directed to: \_\_\_\_\_

A pre-birth order was filed and the judgment was entered. This was provided to the hospital Social Worker, and we have copies with us.

## Labor

- We plan to be with the surrogate during labor
- We prefer to stay in our own room or waiting area until it's time for delivery
- Other: \_\_\_\_\_

## Medications

- We agree to our baby receiving Erythromycin Eye Ointment
- We agree to our baby receiving the Vitamin K injection
- We agree to our baby receiving the Hepatitis B Vaccine
- Special Requests: \_\_\_\_\_

## Cesarean Section

- If only one support person is allowed in the operating room, it will be: \_\_\_\_\_
- If a second support person is allowed in the operating room, it will be: \_\_\_\_\_
- Bring baby to our room as soon as possible.
- Special requests: \_\_\_\_\_

## Feeding

- Our surrogate plans to pump colostrum/breastmilk for us.
- We plan to feed our baby formula exclusively.
- If our baby needs supplementation, we prefer donor breast milk while in the hospital if available.
- If our baby needs supplementation, we prefer formula.
- Other: \_\_\_\_\_

## Birth

- Please delay cord clamping for \_\_\_\_\_ if possible.
- \_\_\_\_\_ will cut the cord.
- We have made arrangements for cord blood banking. Once cord is cut, we'd like baby to be:
  - Placed skin-to-skin with \_\_\_\_\_
  - Swaddled and handed to us
- After birth, we'd like to move to our own room as soon as possible.

## Miscellaneous

- If we are not present for whatever reason, medical decisions regarding our baby should be directed to: \_\_\_\_\_
- Requested visitation between our surrogate and our family in the hospital setting: \_\_\_\_\_  
\_\_\_\_\_
- Other: \_\_\_\_\_  
\_\_\_\_\_

## Additional Requests:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

